



Takai Mine Martial Arts

1027 Juan Tabo NE | (505) 823-CHOP

Class Schedule Effective 7-13-16

Little Griffins Pre-School Martial Arts

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Little Griffins <i>(Ages 3 to 5)</i> 4:30pm-5:00pm	Little Griffins <i>(Ages 3 to 5)</i> 5:00pm-5:30pm	Little Griffins <i>(Ages 3 to 5)</i> 4:30pm-5:00pm		Little Griffins <i>(Ages 3 to 5)</i> 10:30am-11:00am

Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Green Belt & Above <i>All Ages</i> 4:00pm-5:00pm	White & Yellow <i>All Ages</i> 4:30pm-5:20pm	Green Belt & Above <i>All Ages</i> 4:00pm-5:00pm	White & Yellow <i>All Ages</i> 4:30pm-5:20pm		Escrima & Kali Class <i>All Ranks</i> <i>All Ages</i> 9:00am-9:30am
Olympic Sparring & Kicking <i>All Ages</i> 5:00pm-5:50pm	Green & Above <i>All Ages</i> 5:30pm-6:20pm	White & Yellow <i>Children</i> 5:00pm-5:50pm	Green & Above <i>All Ages</i> 5:30pm-6:20pm	Conditioning & Kicking <i>All Ages</i> <i>(All Ranks)</i> 5:15pm-6:45pm	Blue & Above <i>All Ages</i> 9:30am-10:30am
Beginning & Intermediate <i>All Ages</i> 6:00pm-6:50pm	Sparring & Sparring Drills <i>All Ranks</i> <i>(Ages 12 and Up)</i> 6:30pm-7:20pm	Beginning & Intermediate Self Defense <i>All Ages</i> 6:00pm-6:50pm	Kali & Escrima Weapons & Disarming <i>All Ranks</i> <i>All Ages</i> 6:30pm-7:20pm		White-Yellow - Green <i>All Ages</i> 10:30am-11:52am
Yoga <i>Open to All</i> 7:00pm-7:50pm	MMA Sparring <i>All Ages</i> <i>All Ranks</i> 6:30pm-7:20pm	MMA No Gi Brazilian Jiu Jitsu 7:00pm-7:50pm	Dragon Fire Kenpo <i>All Ages</i> 7:30pm-8:20pm		Sparring <i>All Ranks</i> <i>All Ages</i> 11:30am-12:20am

Private Classes Offered 3pm-8pm Monday thru Thursday
8am to 1pm Saturdays